

#### **Prepare to Surrender**

#### U.S. Pretrial Services-District of Nebraska

#### **Timothy Connor**

Chief U.S. Pretrial Services Officer

#### **Troy Greve**

Supervisory U.S. Pretrial Services Officer

Omaha Office: 111 S. 18th Plaza, Suite 1175 Omaha, NE 68102 (402) 661-7560

Lincoln Office:
100 Centennial Mall
North, Rm. 546
Lincoln, NE 68508

(402) 437-1680

The information in this packet will be useful for defendants and their families in preparation for commitment to a federal prison facility. It is hoped that this information will reduce anxiety defendants feel, and create a positive transition for defendants and their families. This information is only a summary of the most often asked questions from prior clients, and is not meant as a comprehensive BOP manual. For more information, you can visit the Bureau of Prisons website www.bop.gov.

### CONVICTION

pon conviction, either by plea or jury trial, the Court will decide if the defendant will be remanded to the custody of the U.S. Marshals Service or be continued on bond. If remanded, the defendant will be placed in a local detention facility pending sentencing. If allowed to remain on bond, the Court may continue the bond as originally ordered, or impose additional conditions of pretrial release. It is imperative that the defendant remain compliant with all conditions of release pending sentencing. Compliance with bond is evaluated by the BOP. Defendants in full compliance with pretrial supervision may receive a lower security classification at time of designation.

he Court will also order the U.S. Probation Office to prepare a Presentence Investigation Report at the time of conviction. This report contains detailed information about the defendant's personal history, the offense conduct, and applicable statutes and sentencing guidelines. The Presentence Investigation Report will be submitted to the Court, the prosecuting attorney and defense counsel.

efendants should receive their own copy of the Presentence Investigation Report. Many defendants benefit from going over the Presentence Investigation Report with their attorney prior to the sentencing, to have all their questions answered by legal counsel. The Pretrial Services Office can attempt to answer some of these questions, however it is always recommended the defendant consult with counsel with questions regarding the Presentence Investigation Report.

### CONVICTION CONTINUED

t the time of conviction (i.e. change of plea hearing), defendants will receive from the want to research BOP facilities to see courtroom deputy a "presentence packet" full of information requested by the U.S. Probation Office in order to prepare the Presentence Investigation Report. This includes requests that the defendant provide certain documents, including marriage and birth certificates, divorce records, military records, financial information, tax return records, educational documents, verification of any medical conditions and medicines, and the name and contact information of a person who can verify background information.

rior to sentencing, the defendant may which facility offers programming that interests him/her (i.e. vocational training, treatment, etc). The defendant can request the court to recommend a specific facility for placement, however, the BOP has the final determination.

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#### SENTENCING

**1** t the sentencing hearing, the Court will determine what type of punitive measures the defendant will receive for committing his/her offense. If the court sentences the defendant to a term of probation, the defendant will be required to report to the U.S. Probation Office immediately following the hearing. If a term of incarceration is imposed, the Court will again decide if the defendant will be remanded pending transfer to the Bureau of Prisons, or be continued on bond pending self-surrender. If continued on bond, the defendant

will be required to continue to report to his/her assigned Pretrial Officer as previously established. The defendant should report to his/her Pretrial Officer following sentencing to advise the Officer of the self-surrender status provided by the court. The defendant will remain on supervision pending self-surrender to the BOP, under the existing order setting conditions of release.

### **DESIGNATION PROCESS**

After Sentencing, the Bureau of Prisons Designation Center determines to which correctional facility the defendant will report. Following sentencing, the defendant should ensure that the U.S. Marshals have the defendant's current mailing address to ensure defendant receives the designation letter in a timely matter.

he Bureau of Prisons attempts to designate defendants to facilities matching their security and program needs within a 500-mile radius of their release residence. If the defendant is placed at an institution that is more than 500 miles from his/her release residence, generally, it is due to specific security, programming or population concerns.

efendants are designated/re-designated to institutions based on:

- ♦ the level of security and staff supervision the defendant requires,
- ♦ the level of security and staff supervision the institution provides,
- ♦ the medical classification care level of the defendant the care level of the institution,
- ♦ the defendant's program needs (i.e. substances abuse treatment, educational/vocational training, individual and/or group counseling, medical/mental health treatment), and,
- various administrative factors (i.e. institution bed space capacity; the defendant's release residence; judicial recommendations; separation needs; and security measures needed to ensure protection of victims, witnesses, and the general public.

he designation process takes approximately two to six weeks after sentencing. The Judge will often times provide a "not to surrender before" date at the time of sentencing. The BOP designation date is usually within a week of that date provided in court, if not that exact date. The defendant will receive a letter from the Bureau of Prisons via the U.S. Marshals Service with their designation information. The defendant is responsible for securing transportation to the designated facility by the date given. The defendant should keep their supervising officer apprised of their travel plans for surrendering to the BOP, and should contact his/her officer immediate if an emergency occurs and he/she is unable to self-surrender to Bureau of Prisons as designated. Failure to contact the supervising officer, defense counsel, or both, could result in further charges against the defendant for failure to appear.

#### FEMALE OFFENDERS

of the 27 facilities that currently house female inmates, all have mixed populations except for the "Big Six"-Alderson, Bryan, Carswell, Danbury, Dublin, and Tallahassee (Dublin and Tallahassee each have a small male detention unit). For more information on women's facilities, see the Bureau's website, www.bop.gov.

### TYPES OF FEDERAL FACILITIES

A defendant's security level is determined by the Bureau of Prisons based upon instant offense, prior record, history of violence, medical issues, and other factors, and based upon the defendant's program needs. There are five different security levels in the Bureau of Prisons; minimum, low, medium, high, and administrative.

- **MINIMUM:** Also known as Federal Prison Camps (FPC's), have low staff-to-inmate ratio, and no fences. These institutions have dormitory housing, are work and program oriented and may be adjacent to larger institutions or a military base.
- LOW: Federal Correctional Institutions (FCI's) have double fenced perimeters, mostly dormitory housing, and strong work and program components.
- **MEDIUM:** FCIs have strengthened perimeters, cell-type housing, and wide variety of work and treatment programs.
- **HIGH:** Also known as United States Penitentiaries (USPs), have highly secure perimeters, multiple and single cell housing, highest staff-to-inmate ratio, and close control of inmates.
- **ADMINISTRATIVE:** Facilities which have special missions, such as detention of non-citizens, medical facility, or dangerous or violent inmates.

#### SELF-SURRENDER

Defendants who are allowed to voluntarily surrender to the Bureau of Prisons he or she will be permitted to retain only the following items:

- ⇒ Plain wedding band (no stones or intricate markings)
- ⇒ Earring for females only (no stones) with a declared value of less than \$100
- ⇒ Medical or orthopedic devices
- ⇒ Legal documents
- ⇒ Social Security card and other identification (driver's license, passport, etc) to be retained in the Inmate Central File until the inmate's release
- ⇒ Prescription glasses

\*The institution will only pay shipping costs of clothing the inmate wears upon initial commitment – pants, shirt, underwear, shoes, coat, etc.

pon arrival at a new institution, an inmate is interviewed and screened by staff from the case management, medical, and mental health units. Later, an inmate is assigned to the Admission and Orientation (A&O) Program, where he/she receives a formal orientation to the programs, services, policies, and procedures of that facility. This program provides an introduction to aspects of the institution. Research has conclusively demonstrated that participation in a variety of programs that teach marketable skills helps to reduce recidivism. It is highly recommended that individuals take FULL advantage of any programming offered at the Bureau to help make their transition back into the communities easier. The Bureau of Prisons offers a wide variety of program opportunities for inmates to teach pro-social values and life skills. These programs include vocational training, the Life Connections Program, parenting programs and job fairs.

### PERSONAL PROPERTY

or security, safety, and sanitation reasons, the Bureau of Prisons limits the amount of property (jewelry, photographs, books, magazines, etc.) inmates may have and the types of publications inmates can receive. The institution issues clothing, hygiene items, bedding, and provides laundry services. Inmates may purchase other personal care items, shoes, some recreational clothing, and some food items through the commissary. The commissary is the facility's store where approved items can be purchased. Civilian clothing (i.e. clothing not issued to the inmate or purchased by the inmate from the commissary) ordinarily is not authorized for the inmate. The only packages an inmate may receive from home are those containing release clothing. Release clothing packages may only be received with prior approval by the inmate's unit team or authorized staff member within the

last 30 days of confinement. Inmates may only possess those items they are authorized to retain upon admission to the institution, items issued by authorized staff, items purchased by the inmate from the commissary, or items purchased or received through approved channels (to include that approved for receipt by an authorized staff member or authorized by institution guidelines). All other items are considered contraband and will be seized and disposed of (destroyed, mailed out of the institution at the inmate's expense, etc.) in accordance with Bureau of Prisons regulations. Contraband that threatens the security of the institution may result in disciplinary action and/or criminal prosecution for the

"The institution issues clothing, hygiene items, bedding and provides laundry services. Inmates may purchase other personal care items through the commissary."

#### RELIGIOUS INFORMATION

Religious services are available for most recognized religions. Due to security reasons (which may vary from level to level), it is recommended that religious books or materials not be from home, but rather – once established as an inmate – be purchased from a publisher or public vendor.

inmate.

### VISITATION IN THE BOP

OP encourages visiting to help inmates maintain ties with family members, friends, and others in the community. Inmates are permitted face-to-face visits with approved family and friends, and confidential visits with attorneys. Family members listed in the Presentence Investigation Report (PSR) will be able to visit upon inmate's arrival. Family and friends not referenced in the PSR will be required to submit paperwork for a background investigation. Each institution schedules visiting hours, and inmates receive this information during the orientation process so they can advise family members and others as to how and when they can visit. Institutions may restrict visitation based on security concerns. All institutions have visiting hours on Saturdays, Sundays, and holidays; and most have them at other times during the week. Individual prisons can set up evening visiting hours. Institutions try to allow for families' special circumstances, such as the distance you have to travel or health problems. Staff can help with directions, including how to get there by public transportation when available; but there is no government payment or reimbursement for transportation. Again, call the prison before you travel for a visit. The inmate you plan to visit should tell you what the hours are for that prison. By law, an inmate gets at least four hours of visiting time per month. Usually, the prison can provide more. The warden can decide to restrict the length of visits or the number of people who can visit at once, to avoid overcrowding in the visiting room. Sometimes the prison may have to limit visiting per inmates to one day on a weekend, because it is the most popular time to visit.

### ELECTRONIC MESSAGING (E-MAIL) AND WRITTEN CORRESPONDENCE

The Program Statement on Correspondence should be consulted for a detailed discussion of "general" and "special" mail procedures.

ureau of Prisons allows inmates housed at institutions operating the Trust Fund **Limited Inmate Computer** System (TRULINCS) access to electronic messaging. Electronic messaging allows for text-only correspondence in a secured manner between inmates and the general public. In order to maintain security and the good order of our institutions, electronic messages are subject to monitoring

**B**OP encourages inmates to write to family, friends, and directly from a retail source other community contacts to maintain ties during incarceration. Inmate correspondence is classified as either "general" or "special" mail. "General" mail facilitate criminal activity. is opened and inspected by staff for both contraband and content that might threaten the security or good order of the institution. "Special" mail is opened in the presence of the inmate and is inspected for physical contraband and the qualification of any enclosures as special mail. The inmate should refer to the Program Statement on Correspondence for further clarification on "general" and "special" mail. The BOP

permits an inmate to subscribe to or receive publications without prior approval as long as the incoming publication is not detrimental to the security, discipline, or good order of the institution, or does not

### TELEPHONE CORRESPONDENCE

Bureau of Prisons extends telephone privileges to inmates to help maintain ties with families and other community contacts. Ordinarily, the inmate pays for the calls; but in some cases the receiving party pays. Limitations and conditions may be imposed upon an inmate's telephone privileges to ensure they are consistent with the Bureau of Prisons' responsibilities. A notice is posted next to each telephone advising inmates that calls are monitored. Unmonitored calls to attorneys are permitted in certain circumstances.

Third-party or other alternative calling arrangements are not permitted; this ensures inmates do not have the opportunity to use phones for criminal or other inappropriate purpose. In some facilities, the inmate will receive a calling card/minutes for long-distance calls.

### **INMATE MONEY**

unds may be sent to Federal inmates via the United States Postal Service, and/or electronically via the Western Union Quick Collect Program or the Money Gram Express Payment Program. In all cases, the inmate must physically be housed at a Federal Bureau of Prisons' facility before funds can be received and posted. If the inmate is not physically in a Federal Bureau of Prisons' facility, the funds cannot be posted and will be returned or rejected.

#### UNITED STATES POSTAL SERVICE

Inmates' families and friends choosing to send inmates funds through the mail must send those funds to the following address:

Federal Bureau of Prisons
Inmate Name
Inmate Eight Digit Register Number
Post Office Box 474701
Des Moines, Iowa 50947-0001

he deposit must be in the form of a money order made out to the inmate's full committed name and complete eight-digit register number. The Bureau of Prisons will return funds that do not have valid inmate information to the sender provided the envelope has an adequate return address. Personal checks and cash cannot be accepted for deposit. The sender's name and return address must appear on the upper left-hand corner of the envelope to ensure that the funds can be returned to the sender in the event they cannot be posted to the inmate's account. The deposit envelope must not contain any items intended for delivery to the inmate. The Bureau of Prisons shall dispose of all items included with the funds. In the event funds have been mailed but have not been received in the inmate's account and adequate time has passed for mail service to Des Moines, Iowa, the sender must initiate a tracer with the entity who sold them the money order to resolve any issues.

### INMATE MONEY CONTINUED

### WESTERN UNION QUICK COLLECT PROGRAM

Inmates' families and friends may also send inmates funds through Western Union's Quick Collect Program. All funds sent via Western Union's Quick Collect will be posted on the inmate's account within two to four hours, when those funds are sent between 7:00am and 9:00pm EST (7 days per week, including holidays). Funds received after 9:00pm EST will be posted by 7:00am EST the following morning. Funds sent to an inmate through the Quick Collect Program may be sent in following ways:

- 1. At an agent location with cash
- 2. By phone using a credit/debit card: 1-800-634-3422 and select option 2
- 3. ONLINE using a credit/debit card: go to <a href="https://www.westernunion.com">www.westernunion.com</a> and select Quick Collect

The Following information must be included in a Western Union transaction

- Valid Inmate Eight-Digit Register Number (no dashes or spaces) followed immediately by Inmates' Last Name
- Committed Inmate Full Name entered on Attention Line
- Code City: FBOP, DC (Will always be this Code)

#### MONEYGRAM EXPRESS PAYMENT PROGRAM

Inmates' families and friends may also send inmates funds through MoneyGram's Express Payment Program. All funds sent via MoneyGram's ExpressPayment will be posted to the inmate's account within two to four hours, when those funds are sent between 7:00am and 9:00pm EST, seven days a week, including holidays. Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the MoneyGram ExpressPayment Program may be sent via one of the following ways:

- 1. At an agent location with cash
- 2. ONLINE using a credit, debit or prepaid card (Visa or MasterCard only)
  - go to www.moneygram.com/paybills, enter the Receive Code (7932) and the amount you are sending (up to \$300)

The following information must be included in a MoneyGram ExpressPayment Transaction:

- Valid Inmate Eight-Digit Register Number (no dashes or spaces) followed immediately by Inmates' Last
   Name
- Company Name: Federal Bureau of Prisons
- City and State: Washington, DC
- Receive Code: Must always be 7932
- Committed Inmate Full Name entered on Beneficiary Line

### EDUCATION AND SKILLS DEVELOPMENT

he Bureau of Prisons offers a variety of programs for inmates to acquire literacy and marketable skills to help them obtain employment after release. All institutions offer literacy classes, English as a Second Language, parenting classes, wellness education, adult continuing education, library services, and instruction in leisure-time activities. Inmates who do not have a high school diploma or a General Educational Development (GED) certificate must participate in the literacy program for a minimum of 240 hours or until they obtain the GED. Non-Englishspeaking inmates must take English as a Second Language. Occupational and vocational training programs are based on the needs of the inmates, general labor market conditions, and institution labor force needs. An important component is on-the-job training, which inmates receive through institution job assignments and work in Federal Prison Industries. The Bureau of Prisons also facilitates post-secondary education in vocational and occupationally -oriented areas. Some traditional college courses are available, but inmates are responsible for funding this course work. Parenting classes help inmates develop appropriate skills during incarceration. Recreation and

wellness activities encourage healthy life styles and habits. Institution libraries carry a variety of fiction and nonfiction books, magazines, newspapers, and reference materials. Inmates also have access to legal materials to conduct legal research and prepare legal documents. Through the Inmate Skills Development (ISD) initiative, the Bureau of Prisons is focusing on building the kinds of skills essential to successful reintegration - ranging from activities of daily living (such as budgeting) to cognitive skills (such as the ability to maintain self-control). Once fully implemented, the process will involve identifying inmate strengths and weaknesses using a standardized assessment tool, linking programs used to specific deficit areas, and tracking the inmate's progress on his/her individualized plan throughout incarceration. Developed in collaboration with other agencies, including the courts and probation, the Inmate Skills Development System (ISDS) -- the automated, web-based, assessment and tracking tool that supports this initiative -- was created to help staff identify an inmate's strengths and weaknesses, as these relate to release readiness.

Once fully integrated with the Bureau of Prisons' legacy information system, the ISDS is expected to:

- \* Help link inmates with the most appropriate programs given their specific needs;
- \* Ensure all parties are focused on the same measurable outcomes;
- \* Assist in program resource allocation; and,
- \* Improve information flow to partners with a stake in the outcome (the Courts, supervision agencies, etc.)

he Bureau of Prisons is committed to the goal of creating a seamless transition between incarceration and the community for releasing offenders that ensures continuity of support and care. This coordinated, competency-based program is expected to help increase the likelihood of a successful community transition.

### SUBSTANCE ABUSE

In Fiscal Year 1989, the Bureau of Prisons designed a comprehensive substance abuse treatment strategy in an effort to change inmates' criminal and drug-using behaviors. This strategy begins with drug abuse education and ends with a strong community transition component. Inmates are required to participate in a drug abuse education course if (1) there is evidence in their presentence investigation report that alcohol or drugs contributed to the commission of their instant offense; (2) they violated supervised release, parole, conditions of a halfway house placement, or conditions of home confinement based on alcohol or drug use; or (3) the sentencing judge recommended that they participate in a drug treatment program during incarceration. In the drug abuse education course, inmates receive information about alcohol and drugs and the physical, social, and psychological impact of abusing these substances. Inmates who are identified as having a further need for treatment are encouraged to participate in non-residential or residential drug abuse treatment. Non-residential drug abuse treatment and counseling are available at every Bureau of Prisons institution. Treatment includes individual and group t herapy, group counseling, and the use of interactive cognitive restructuring treatment modules that provide skills-building activities and prepare inmates for their transition to the community. In addition, more than 50 Bureau of Prisons institutions have residential drug abuse treatment programs (RDAP). Inmates who participate in the residential program are housed together in a separate unit of the prison that is reserved for drug treatment. The residential program provides intensive half-day programming, five days a week. The remainder of the day is spent in education, work skills training, and/or other inmate programming. Upon RDAP completion, aftercare treatment services are provided to the inmate while he/she is in the general population, and also later at the residential re-entry center. This maximizes the carry-over of skills, ensuring an effective transition from the institution

program to the community. The 1994 Violent Crime Control Act provided a powerful incentive for inmates who volunteer to participate in the residential drug abuse program. Non-violent inmates who are diagnosed with a substance abuse disorder may be eligible for up to a year off his/her sentence, at the discretion of the Director of the Bureau of Prisons.

# HEALTH CARE AND MENTAL HEALTH SERVICES

he Bureau of Prisons provides essential medical, dental, and mental health (psychiatric) services by professional staff in a manner consistent with accepted community standards for a correctional environment. The Bureau of Prisons uses licensed and credentialed health care providers in its ambulatory care units, which are supported by community consultants and specialists. For inmates with chronic or acute medical conditions, the Bureau of Prisons operates several medical referral centers providing advanced care.

### RELEASE PREPARATION

he prospect of having to search for meaningful work upon release from prison can be a daunting one, particularly for inmates who have been out of the labor market for a number of years. Many inmates acquire valuable work experience and skills through programs like Federal Prison Industries (FPI), vocational training opportunities, and/or other occupational education courses offered at Bureau facilities. But inmates nearing release in today's society need to re-learn, or perhaps for the first time learn, how to effectively "search for a job".

**1** Ithough it is the Bureau's philosophy that release preparation begins the first day of incarceration, focus on release preparation intensifies at least 18 months prior to release. The Release Preparation Program includes classes in areas such as resume writing, job search, and job retention. The program also includes presentations by community-based organizations that help ex-inmates find jobs and training opportunities after release. The Bureau places appropriate inmates in halfway houses prior to release to help them adjust to life in the community and find employment. Some inmates will be eligible for a release gratuity, clothing, or money for transportation to their release destination.

he Inmate Transition Branch provides additional pre-release employment assistance. Many institutions hold mock job fairs to provide inmates an opportunity to practice job interview skills and to expose community recruiters to the skills available among releasing inmates. Qualified inmates may apply for jobs with companies that have posted job openings. This Branch also helps inmates prepare release folders that include a resume; education certificates, diplomas, and transcripts; and other significant documents needed for a successful job interview.

#### Halfway House Placement in District of Nebraska

In the District of Nebraska, one of three halfway houses are used in release preparation: CH Inc. in Council Bluffs, Iowa; Dismas Charities Inc. in Sioux City, Iowa; and, Bristol Station in Hastings, Nebraska. Once inmates are transferred to a halfway house, if applicable, they will begin the reentry process with their assigned Probation Officer, who will supervised the inmate during the Supervised Release term ordered at Sentencing.